

Leslie Beasley Vidal, MD

The Steadman Clinic
181 W. Meadow Drive, #400
Vail, CO 81657
Phone: 970-479-1580
Fax: 970-237-5599

PROFESSIONAL EXPERIENCE

- August 2019 – present **Orthopaedic Surgeon, Sports Medicine**
The Steadman Clinic, Vail, CO
Specializing in Sports Medicine, the management of complex shoulder, hip and knee disorders and care of the female athlete.
- October 2006 – July 2019 **Orthopaedic Surgeon, Sports Medicine**
Orthopedic Associates, LLC, Denver, Colorado
Specializing in Sports Medicine, the management of complex shoulder, hip and knee disorders and care of the female athlete.
- October 2006 – October 2017 **Assistant Team Physician**
Colorado Avalanche Hockey
- October 2006 – October 2010 **Assistant Team Physician**
Denver Nuggets Basketball
- January 2008 – January 2017 **Head Team Physician**
Rocky Mountain Roller Girls Roller Derby
- August 2005 – September 2006 **Denver Orthopaedics & Sports Medicine, Denver, Colorado**
Orthopaedic Surgeon. Specializing in Sports Medicine, care of the female athlete and the management of complex shoulder and knee disorders.

EDUCATION

- September 1995 – May 1999 **Boston University School of Medicine, Boston, Massachusetts**
Doctor of Medicine
- September 1990 – May 1994 **Brown University, Providence, Rhode Island**
Bachelor of Arts in Hispanic Language and Culture
- September 1993 – December 1993 **Universidad de Sevilla, Seville, Spain**
Semester overseas

ORTHOPAEDIC TRAINING

- August 2004 – July 2005 **University of Pittsburgh, Pittsburgh, Pennsylvania**
Sports Medicine & Shoulder Fellowship
- July 2000 – June 2004 **The Hospital for Special Surgery, New York, New York**
Orthopaedic Surgery Residency
- June 1999 – June 2000 **New York Presbyterian Hospital, New York, New York**
General Surgical Internship

COMMITTEE & SERVICE RESPONSIBILITIES

Leslie Beasley Vidal, MD

The Steadman Clinic
181 W. Meadow Drive, #400
Vail, CO 81657
Phone: 970-479-1580
Fax: 970-237-5599

2019 – 2022	AOSSM Council of Delegates
2012 – 2019	Chief of Orthopedics , Rose Medical Center
2012 – 2019	Surgical Quality and Improvement Committee , Rose Medical Center
2012 – 2019	Rose Medical Center Trauma Committee , Rose Medical Center
2012 – 2019	Orthopedic Advisory Board , Rose Medical Center
2014 – 2019	Board of Directors , Mile High Surgery Center
2000 – 2004	Residency Curriculum Committee , Hospital for Special Surgery
2002	Public School Athletic League , New York City Public Schools
1995– 1996	American Medical Women's Association, Executive Co-Chairman , BUSM
1995	Stout Street Clinic for the Homeless , Denver, Colorado.
1993	American Red Cross in Spain , Seville, Spain.
1988 – 1990	Vail Ski & Snowboard School , Ski Instructor, Vail, Colorado

LICENSURE & BOARD CERTIFICATION

Licensure:

2005 – present **Colorado**

Board Certification:

2008 – present **American Board of Orthopedic Surgery** : Board Certified (Recertified 2018)

United States Medical Licensing Exam (USMLE) :

1997	Part 1 : Passed
1999	Part 2 : Passed
2000	Part 3 : Passed

PROFESSIONAL SOCIETIES

American Academy of Orthopaedic Surgeons
American Orthopaedic Society for Sports Medicine
Arthroscopy Association of North America
American Orthopedic Association
Western Orthopedic Association
Women's Sports Foundation
Denver Medical Society

PUBLICATIONS

2020	Low Body Mass Index and Participation in Rotational Sports were Associated with Failure following Primary Hip Arthroscopy in the Young Female Athletes , <i>Ioanna K Bolia, MD, Leslie Vidal, MD, Karen K Briggs, MPH, Marc J Philippon, MD</i> , Submitted: Arthroscopy
2020	Shoulder Instability in the Female Athlete <i>Vidal L</i> In: Frank R <u>The Female Athlete</u> . Elsevier, <i>In Press</i> 2020.
2007	The influence of femoral technique for graft placement on anterior cruciate ligament reconstruction using a skeletally immature canine model with a rapidly growing physis

Leslie Beasley Vidal, MD

The Steadman Clinic
181 W. Meadow Drive, #400
Vail, CO 81657
Phone: 970-479-1580
Fax: 970-237-5599

- 2006 **Chudik S, Beasley L, et al.** Arthroscopy. 2007 Dec;23(12):1309-1319.e1.
Management of Posterior Shoulder Instability in the Athlete
Beasley Vidal, LS, Bradley JP. Current Opinion in Orthopaedics. April 2006.
- 2005 **Shoulder Injuries**
McMahon PJ, *Beasley LS*, Vidal AF. In: McMahon, PJ ed. Current Diagnosis & Treatment in Sports Medicine. Lange Medical Publications/ McGraw-Hill 2005.
- 2005 **ACL Reconstruction: A Literature Review of the Anatomy, Biomechanics, Surgical Techniques and Clinical Outcomes**
Beasley LS, Weiland DE, Vidal AF, Chhabra A, Herzka AS, Feng MT, West RV. Operative Techniques in Orthopaedics 2005, 15:5-19.
- 2005 **The Envelope of Function in Anterior Cruciate Ligament Injuries**
Zelle BA, *Beasley LS*, Fu FH. Operative Techniques in Orthopaedics 2005, 15:86-88.
- 2004 **Analysis of Subacromial Shavings: Correlation between Clinical and Pathologic Diagnoses**
Beasley LS, Hannafin JA. Submitted for publication to JBJS.
- 2004 **Double-bundle Tibial Inlay Posterior Cruciate Ligament Reconstruction: A Minimum 1-year Follow-up**
Shubin Stein BE, *Beasley LS*, Williams RJ, Rodeo SA, Allen AA, Wickiewicz TL, MacGillivray JD, Warren RF. Presented at the AOSSM 6/2004, submitted for publication AJSM.
- 2004 **Traumatic Patellar Dislocation in Children and Adolescents: Treatment update and literature review**
Beasley LS, Vidal AF. Orthopedics Section of Current Opinion in Pediatrics 2004, 16:29-36.
- 2003 **ACL Injury in Children: Update of current treatment options**
Beasley LS, Chudik SC. Orthopedics Section of Current Opinion in Pediatrics 2003, 15:45-52.
- 2001 **Upper Extremities Injuries: Shoulder**
Hannafin JA, Farynairz DA, *Beasley LS*. In: Garrett WE, Lester, GE, McGowan J, Kirkendall DT, eds. Women's Health in Sports and Exercise. AAOS, 2001;87-96.
- 2000 **Multidirectional Instability of the Shoulder in the Female Athlete**
Beasley LS, Farynairz DA, Hannafin JA. Clinics in Sports Med 2000 19(2):331-349.
- 2000 **The Role of Growth Factors in Fracture Healing**
Beasley LS, Einhorn TA. In: Canale E, ed. Skeletal Growth Factors. Lippincott Williams & Wilkins, 2000;311-322.

RESEARCH

- 2020 **Validation of the Ultrasound to Diagnose Hip Laxity and FAI**, Investigator
- 2020 **The Relationship Between Pre-op Symptom Time and Outcomes in Adolescents Undergoing FAI Surgery**, Investigator
- 2020 **Five-year Patient Reported Outcomes Following Arthroscopic Rotator Cuff Repair in Recreational Athletes Over 70 Years of Age**, Investigator
- 2020 **Comparison of Three Different Fixation Techniques for Proximal Humerus Fractures and Evaluation of Neurovascular Structures at Risk: A Biomechanical Cadaveric Study**, Investigator
- 2020 **The Use of Senolytic and Anti-Fibrotic Agents to Improve the Beneficial Effect of Bone Marrow Stem Cells for Osteoarthritis**, Principal Investigator
- 2020 **SPRI Biomotion Research Study – Optimization of Return-To-Duty Protocols After Knee Injury**, Investigator
- 2020 **Senolytic Drugs Attenuate Osteoarthritis-Related Cartilage Degeneration: A Clinical Trail**

Leslie Beasley Vidal, MD

The Steadman Clinic
181 W. Meadow Drive, #400
Vail, CO 81657
Phone: 970-479-1580
Fax: 970-237-5599

- 2020 **Biologically Regulated Marrow Stimulation by Blocking Fibrosis to Improve Cartilage Repair: A Randomized Double-Blind, Placebo-Controlled Study**, Investigator
- 2020 **Prospective Evaluation of Platelet-Rich Plasma and Bone Marrow Concentrate Treatment to Accelerate Healing after Anterior Cruciate Ligament Reconstruction**, Investigator
- 2019 **Evaluation of Quantitative Knee Cartilage Mapping with Bayesian Fitting Techniques and 3D Segmentation - Uninjured Asymptomatic Subjects and Knee-Injury Patients**, Investigator
- 2005 **Clinical Presentation of Posterior Medial Meniscal Root Tears.**
Beasley LS, Robertson D, Armfield D, West RV, Gilbert M, Irrgang J, Harner CD.
- 2001 **Anatomical Characterization of the Distal Femoral Physis in the Skeletally Immature Individual Using Magnetic Resonance Imaging Techniques.**
Beasley LS, Chudik SC, Potter HG, Widmann RF, Warren RF.
- 1999 **Is An Increased Range of Motion at the Hip Joint Protective Against Hip Injuries for Hockey Players?**
Responsible for researching and developing my hypothesis and techniques for data collection, collecting all data, and reviewing findings to evaluate the validity of my hypothesis. Preceptor: Anthony Schepsis, MD, Department of Orthopaedics, Boston University School of Medicine.
- 1996 **Emergency Room Patient Satisfaction Survey.**
Involved in development and translation into Spanish of the patient questionnaire, and collection of data in the emergency room. Preceptor: Steven Lowenstein, MD, MPH, University of Colorado Health Sciences Center.

PRESENTATIONS

- 2020 **TSC Grand Rounds**, Femoral Acetabular Impingement: Key Concepts in History, Physical Exam and Imaging
- 2020 **Vail Hip Symposium**, Course Faculty and Instructor
- 2019 **Vail Scientific Summit**, Course Faculty
- 2019 **Women Working with Women in Orthopedics**, Course Faculty and Instructor

GRANT EXPERIENCES

- 2002 **Orthopaedic Research and Education Foundation**, Journal of Bone and Joint Surgery Resident Journal Club Grant
Instrumental in restarting the HSS resident journal club and obtaining OREF/JBJS grant funding to support a JBJS subscription for all HSS residents for 2 consecutive years.

HONORS & AWARDS

- 2004 **Pfizer Award** for outstanding achievement and contribution to patient care and the advancement of pain management
- 1999 **Cum Laude**, Boston University School of Medicine
- 1999 **Peter J. Mozdén, MD Award** for exemplary performance in general surgery in medical school
- 1999 **Esther B. and Albert Kahn Scholarship Award** for displaying compassion and devotion to patients as a medical student
- 1998 **Alpha Omega Alpha**, Boston University School of Medicine

Leslie Beasley Vidal, MD

The Steadman Clinic
181 W. Meadow Drive, #400
Vail, CO 81657
Phone: 970-479-1580
Fax: 970-237-5599

INTERESTS

Proficient in medical and conversational Spanish.

I enjoy outdoor activities, including skiing, running, road & mountain biking and hiking. I also enjoy photography, horticulture and cooking.